

WAVES

BARK

SPINE

LEAF

PRICKLY

DORMANT

FIRE

THUNDER

GRAVID

CAVERNOUS

CAMOUFLAGE

LOOK UP

HEAT

BURROW

FLUID

SALTY

CRUNCHY

INSTINCT

FEAR

WATER

WEB

NEST

TRACK



SCRAPE

TRAIL

PATTERNS

WOVEN

PEAK

CLOUDY

WHORL

TAIL

SEA STARS

ANCIENT

NEWBORN

DISCOVERY

REFLECTION

BUG'S EYE

SKY

SOUND

GROUNDED

STRENGTH

WATCH OUT

MOVEMENT

CAMPFIRE

MOON

RENEWAL

TIDE POOL

PRECIPICE

FEATHERY

CYCLES

ROOTS

OUTLOOK



Print out, cut up, and place individual prompts inside a recycled spaghetti sauce jar or coffee can (not provided). A fun alternative is to make "Creative Bone" prompts for your jars by getting popsicle sticks or collecting smooth sticks ("bones") from the yard--non poisonous! Write prompts along one end of the sticks, then place them all in a jar. Pull out a prompt for daily or weekly inspirations to last up to a year!

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